# Supporting Co-Morbidities of SpLD in the Classroom

Nur Amirah Arzami

25 February 2021



DAS International

EMPOWERING SUCCESSFUL LEARNING



- Nur Amirah Arzami
- Specialist Tutor
- Educational Therapist
- Former Behaviour Therapist

# What is SpLD? Specific Learning Difficulties

# Specific Learning Difficulties (SpLD)

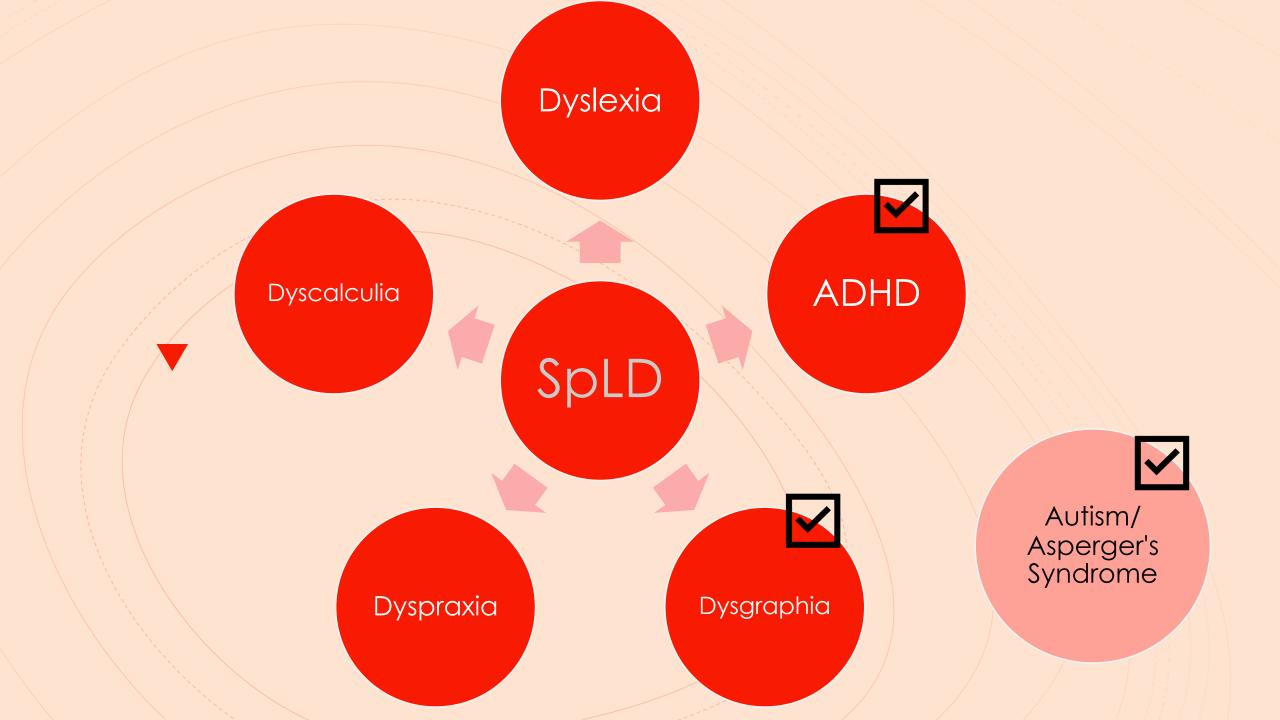
- Differences or difficulties with aspects of learning
- Affects learning: Processing of information, ability with spoken or written language, arithmetic ability
- Affects the physical: Organisation of movements, gross and fine motor

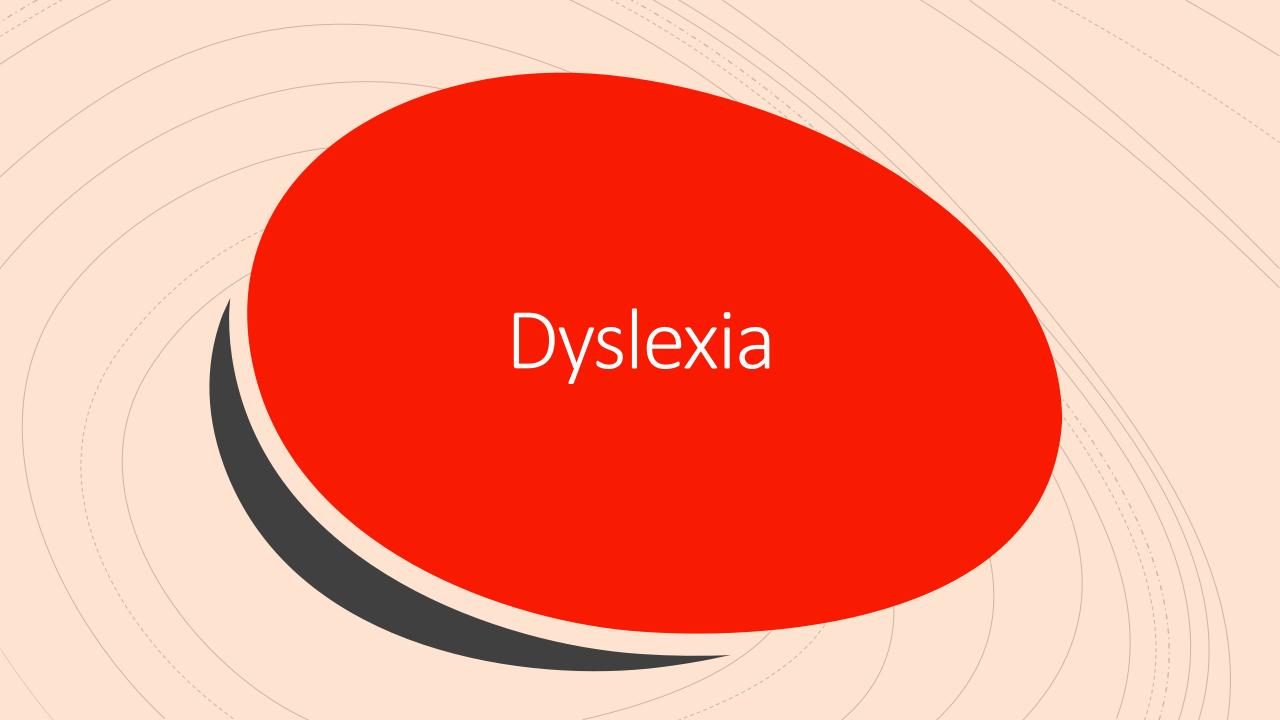


For people with SpLDs, the learning journey can be a lot harder and require much more effort.



SpLDs are independent of intellectual ability, socioeconomic background or language background





 Deficits in the phonological component of language (representation of speech sounds)



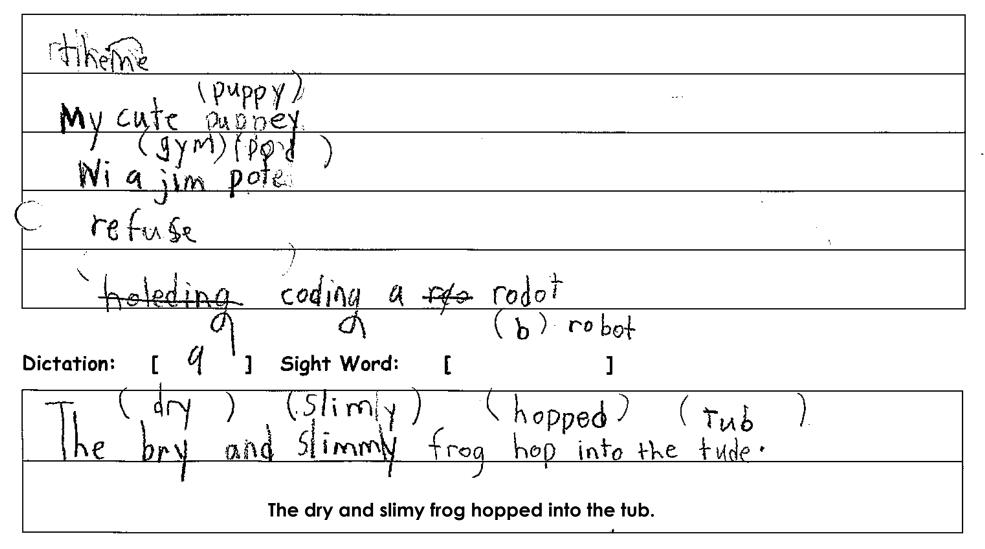
- Difficulties in accurate and/or fluent word recognition, reading comprehension, writing, and spelling
- Need extra effort in reading a word

Dyslexia



- Can cause attention, behavioural or emotional problems (Rutter and Maughan, 2005)
- Frustration, agitation, acting out avoidance, and withdrawal from learning tasks (Fleming et al., 2004, Kellam et al., 1998, Walker et al., 1995)

Spell:



# Intervention for Dyslexia

### Intervention for Dyslexia

# OG Principles

# Tailored6 Principles

Dyslexiafriendly classroom ColoursFont

 Orton Gillingham (OG) principles

Tailored lessons that are:  $\checkmark$  structured, ✓ sequential & cumulative, ✓ multi-sensory, diagnostic & prescriptive, ✓ cognitive, and ✓ emotionally sound

### Intervention for Dyslexia

### Intervention for Dyslexia

### **Dyslexia-friendly Classroom: Colours**

- Worksheets, computer screen
- Buff, cream or pastel colours
- Highlighters to emphasize keywords
- Different colour whiteboard markers



### Intervention for Dyslexia

### **Dyslexia-friendly classroom: Fonts**

This typed in Comic Sans.

This typed in Arial.

This typed in Tahoma.

This typed in Verdana.

This typed in Century Gothic.

Times New Roman can be hard to read. Jokerman can be hard to read.

Monotype Corsiva can be hard to read.

# Prevalence of Co-Morbidities with Dyslexia

### Dyslexia + Attention Deficit Hyperactivity Disorder (ADHD)

Co	o-Morbidity	What is it	Symptoms	Prevalence with Dyslexia
ADHI	D	<ul> <li>Inattentiveness</li> <li>Hyperactivity &amp; impulsiveness</li> <li>Combined</li> </ul>	<ul> <li>Short attention span</li> <li>Slow processing or response time</li> <li>Forgets easily</li> <li>Prefers to move/ walk around</li> <li>Unable to focus and finish tasks</li> <li>Difficulty with carrying out instructions</li> </ul>	53-72% (Cheung et al., 2012)

# Dyslexia + ADHD

- Literacy difficulties
- Reading
- Spelling

#### Effects: ST Memory Inconsistent Organization skills Externalising behaviours eg. off-task, disengagement

Gifted Creative Short attention spanUnable to sit stillSlow response

#### Dyslexia



## Dyslexia + Dysgraphia

Co-Morbidity	What is it	Symptoms	Prevalence with Dyslexia
Dysgraphia	<ul> <li>Difficulties in the acquisition of writing skills</li> <li>Affects both information and motor processing</li> <li>Impaired ability to organise and express thoughts</li> </ul>	<ul> <li>Messy handwriting, problems with pencil grip</li> <li>Slow and effortful writing</li> <li>Writing performance below peer level</li> <li>Poor spelling and grammar, run on sentences, lack of paragraphs</li> </ul>	No accurate number found

#### Dyslexia

#### Dysgraphia

# Dyslexia + Dysgraphia

#### • Literacy difficulties

- Reading
- Spelling

Effects:

Organization skills Frustration Self esteem Task compliance Poor literacy skills Spoken and written expression

Impaired motor skills

- Poor spellingRun-on sentencesPoor
  - paragraphing

### Dyslexia + Autism/Asperger's Syndrome

Co-Morbidity	What is it	Symptoms	Prevalence with Dyslexia
Autism / Asperger's Syndrome (AS)	<ul> <li>Deficits in cognition</li> <li>Abnormalities in social interaction and communicatio n</li> </ul>	<ul> <li>Problems with feelings/emotions</li> <li>Problems with empathy</li> <li>Difficult to read contextual clues and implied meaning</li> <li>Difficulty with attention</li> <li>Problems with imitation</li> <li>May communicate with less expression</li> <li>High levels of anxiety → meltdowns</li> </ul>	14% (Hofvander et al., 2009)

# Dyslexia + Autism / AS

#### Effects: Seclusion Visual and auditory processing diff and empathy Literacy difficulties Higher level Attention issues Reading comprehension diff Hyper/hypo • Spelling Off-tasks sensitivity Anxiety Strengths in design, logic, creative

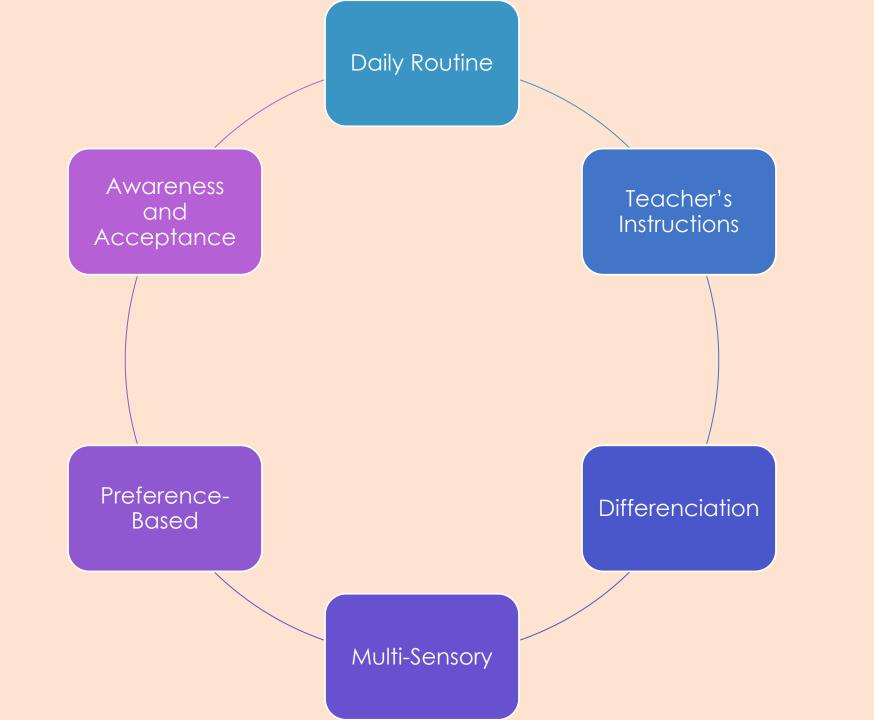
skills

• Diff in social skills

#### Dyslexia

#### Autism/ AS

# Strategies on Supporting Co-Morbidities



# **Daily Routine**



Agenda for the day gives students a head's up



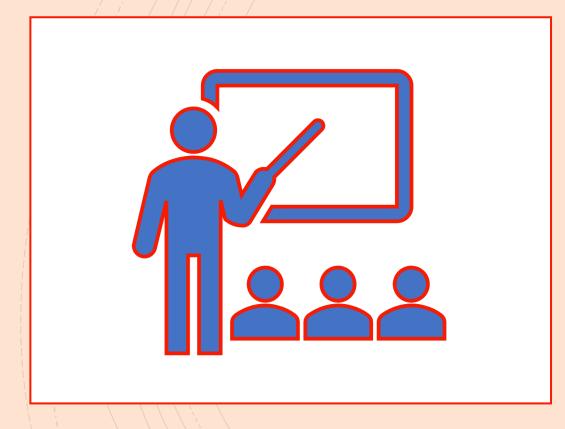
Checklist



\$\$\$

Plan the structure of the lesson Include as many breaks as needed

# **Teacher's Instructions**



- Short and clear
- 1-2 steps
- Repeat instructions if needed

# Differentiation





Level of difficulty

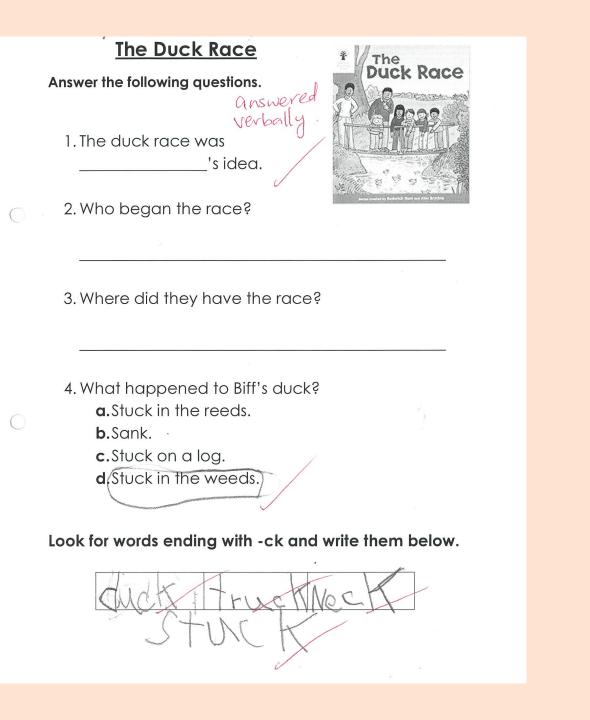
Amount of work Tools/medium: whiteboard, technology, verbal, pencil grip

Time

. .

Environment





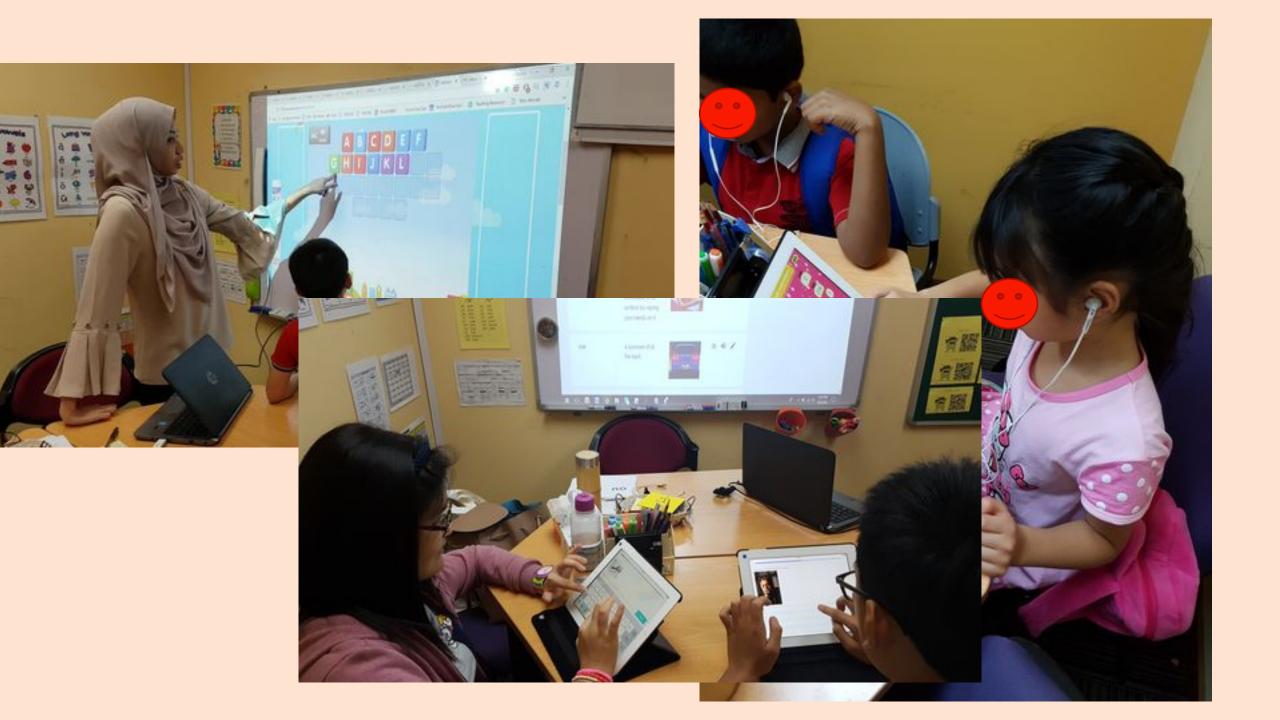
# **Multi-Sensory**



- Movement
- Manipulatives
- Visual Aids
- Games
- Technology







# **Preference-Based Approach**



Learning Styles: Visual, Auditory, Kinaesthetic



Hobbies, likes

Rapportbuilding 8

Rewards





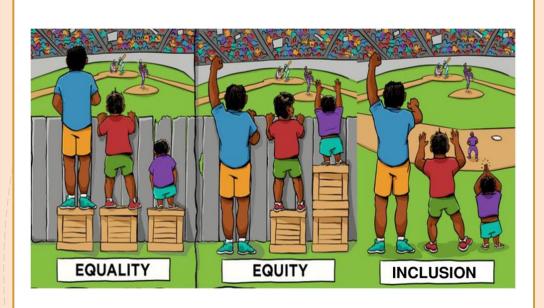








# **Awareness and Acceptance**



- Teachers are educated and trained
- Peers are educated
- Cultivate empathy
- Promote inclusion

# Readings

- Bohl, H., Hoult, S. (2016). Supporting Children with Dyslexia, 2<sup>nd</sup> Edition. *Taylor & Francis Group*.
- Coulter, S., Kynman, L., Morling, E., Grayson, R., Wing, J. (2015) Supporting Children with Dyspraxia and Motor Co-Ordination Difficulties, 2<sup>nd</sup> Edition. *Taylor & Francis Group*.
- Cowie, G. (2020). Towards Improving the Inclusion of Students with Autism and ADHD in School. Asia Pacific Journal of Development Differences. 7(1), 73-97.
- Döhla, D. & Heim, S. (2016). Developmental Dyslexia and Dysgraphia: What We Can Learn About the One from the Other? *Front. Psychol.* 6:2045
- Fitriya, S. N. (2019). An Evaluation of the Preference-Based Teaching Approach for Children with Dyslexia and Challenging Behaviours. Asia Pacific Journal of Development Differences. 6(2), 152-185.
- Marzia, A. (2016). Students with Dyspraxia and Inclusive Education. Main In India, 96(5), 1303-1312

